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**Russian Policy and the Bulgarian Idea of Political Autonomy in a  
Number of Activities of the Emigration in the First Half of the  
19th Century**

(Summary)

The article outlines the frame and the aspects along which the problem of Russian foreign policy and Bulgarian ideas and projects for autonomy by the mid- 19th century could be researched. Only individual examples of Bulgarian emigrants' political actions are considered with a view to factological conciseness. The author makes a summarized review of the first half of the turbulent and exciting 19th century's characteristic features to go on to the topic itself and to ground her conclusions. At the end of her article the author points out that her aim was not to summarize the outcomes of Bulgaria's pursuit of Russian foreign policy's cooperation in the strife for its national interests and independence, which was expressed in the form of demands for autonomy in the first half of the 19th c. However, should such evaluation be attempted, one should take into account not only the immediate consequences, but also to comment on the equally important issue of the formation of a so-called Bulgarian "political elite" because it was partly formed as a result of its clash with the aims and interests of the Russian imperial policy on the Balkans in the halfcentury period which is investigated in the article.